

Financial Life Brainstorming Questions

Here's How You Get Started

Become a dream maker! Articulate all the details you can on how your calling makes you feel, day in and day out. Stay out of your head and follow your heart. Picture yourself:

♥ *How do you feel about the debt you are carrying? Does it zap your joy*

♥ *Do certain aspects or responsibilities make you uncomfortable financially?*

♥ *Do you know the exact amount of your debt?*

♥ *Are you spending money in ways that are relevant to you today?*

♥ *Do you get excited or energized by where you are now with your money?*

♥ *Is there something missing in your financial life?*

♥ *What do you want your financial story to be?*

♥ *Do you long for or seek a new financial reality?*

♥ *Can you describe what you are looking for?*

♥ *Is gifting important to you—with your time or your money?*

♥ *What would you most love to change about your financial life?*

♥ *What's your number? How much is enough when building your wealth? Is it based on income or asset level or both?*

♥ *When was the last time you had your legal documents updated or put together? Is it time to take a look?*

♥ *Do the financial products you hold today support your current financial intentions?*

♥ *What else?*

In my book *Awaken Your Wealth*, I share my very best professional advice on financial planning, savings, investments, and insurance. This includes the following observations from my personal and professional experiences:

- ♥ Feeling + thinking = financial healing.
- ♥ Thinking includes dreaming big about your life and seeing that your potential truly has no limitations.
- ♥ Feeling is experiencing the emotions pulsating through your body and allowing yourself to visualize what it will be like living those dreams right now—so you feel as if they have already materialized.
- ♥ Express gratitude for the fulfillment of your dreams and give thanks as if they are already manifested—and they will!

For more on how to grow into financial independence with confidence and knowledge, check out *Awaken Your Wealth*



Julie ❁

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